

Sheffield Home Birth Conference 2012



“Enhancing Endorphins” For Parents and Professionals

✿ Enhancing Endorphins

**Mavis Kirkham, Emeritus Professor of Midwifery
Sheffield Hallam University**

✿ The Benefits and Risks of Complementary Therapies and
Natural Remedies for Home Birth

**Denise Tiran, Educational Director, Expectancy and Visiting Lecturer
University of Greenwich, London**



✿ A Local Update

**Dotty Watkins, Nurse Director and Head of Midwifery for Obstetrics
Gynaecology & Neonatology, Sheffield Teaching Hospitals NHS Foundation Trust**

✿ A Choice of one of the following WORKSHOPS

Alternative Therapies for Pregnancy, Labour & Birth & Beyond

Maya Abdominal Massage

Osteopathy

Placenta Encapsulation

Dancing for Birth

Waterbirth

Acupressure

Rebozo

Bushra Finch

Chris Johnson

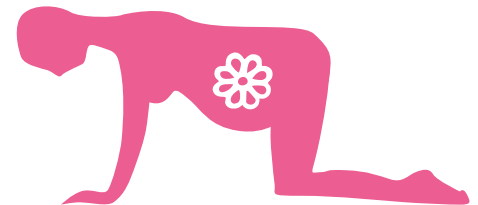
Lynnea Shrief

Hannah Robertson

Wendy Davis

Jo Moon

Stacia Smales Hill



✿ Natal Hypnotherapy for a Better Birth

Maggie Howell, Founder of Natal Hypnotherapy™

✿ Setting-up a Successful Home Birth Team and Increasing the Home Birth Rate

**Anne Richley, Sally O’Connell and Babita Williams,
Northampton Home Birth Team Midwives**

✿ An Opportunity to visit stalls & exhibitions

Bookings / Enquiries

email: info@yogabirthsheffield.co.uk

www.sheffieldhomebirth.org.uk

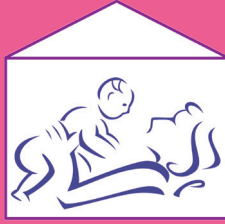


Saturday 10 March 2012

9.15am - 4.30pm

Megacentre, Bernard Road, Sheffield, S2 5BQ

Sheffield Home Birth Conference 2012



“Enhancing Endorphins”

Booking Form

✿ Please indicate which of the following your booking is for:

Professionals - Midwives, Doulas, Antenatal Teachers, Birth Practitioners etc. £70

Students - Student Midwives, Trainee Doulas, Student Antenatal Teachers £45

Parent £40 or Couple £75

Stalls for businesses & charities, this includes entry to the conference for 2 people £100

£10 early bird discount on all bookings made before 30th November 2012

All tickets include refreshments, lunch and certificate of attendance

We regret that no refunds can be made but in the event that you cannot attend you are welcome to transfer your place to somebody else. Creche facilities may be available, please ask if these are required. Babes in arms are welcome.

NAME (please print)

EMAIL

PHONE NO

OCCUPATION

ADDRESS

POSTCODE

✿ Please either email completed booking form info to info@yogabirthsheffield.co.uk

& make a bank transfer to: Account name: Sheffield Home Birth Group - Bank: HSBC Community Bank Account no: 41668331 - Sort Code: 40 42 49. If you book in this way, you will need to use your name as it appears on the booking form as a reference & to let us know by email the amount you have paid & the date of transfer

✿ Or send completed booking form to [Olivia Lester](#)

Address: Sheffield Home Birth Group, 199 Rustlings Road, Sheffield, S11 7AD. Cheques payable to: Sheffield Home Birth Group. If sending & you do not have an email address then please include a SAE

✿ Where did you hear about the conference?

Professional Journal Web Site Poster Other Please specify



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